



JUNE 2017



NAME: _____

(Nap. Amherstview. Des.) **Mon**

Tue (Nap. Des.)

Wed

Thu (Nap. Amherstview . Des.) **Fri**



5

- Soup
- Meatloaf
- Ham Steak

6

7

- Soup
- Hot Hamburger
- Roast Chicken

8

9

- Soup & Salad
- Pan Fried Fish
- Cold Salad Plate

12

- Soup
- Chicken Parmesan
- Beef Stir Fry

13

14

- Soup
- Roast Beef
- BBQ Riblets

15

16

- Soup & Salad
- Breaded Sole
- Spaghetti & Meat Sauce

19

- Soup
- Mac & Cheese
- Farmers Sausage

20

21

- Soup
- Cold Salad Plate
- Assorted Sub Sandwich

22

23

- Soup & Salad
- Battered Haddock
- Breaded Chicken

26

- Soup
- Honey Garlic Meatballs
- Veal Cutlet

27

28

- Soup
- Liver & Onions
- BBQ Chicken

29

30

- Soup
- Lasagna
- Pork Chops

***Frozen meal for next Monday closure due to Canada Day stat holiday—Circle Yes or No.**

ALTERNATIVE MEALS!

CHOICES on request instead of listed items for that day....

1. Cheese Omelet
2. Meat Pie

All meals are served with Potato, Rice or Pasta, a Hot Vegetable, Soup, and Dessert.

Instructions!

- Print Name
- Tick Meal of choice
- Return one copy to driver & retain other for yourself

PLEASE FEEL FREE TO MAKE COMMENTS OR SUGGESTIONS ON BACK OF MENU