



JULY 2017



NAME: _____

(Nap. Amher. Des.) Mon	Tue (Nap. Des.)	Wed	Thu (Nap. Amher. Des.)	Fri
3 CLOSED FOR CANADA DAY HOLIDAY (Eat Frozen Meal if ordered from previous week)	4	5 <input type="checkbox"/> Soup <input type="checkbox"/> Chicken Caesar Wrap <input type="checkbox"/> Meat Pie	6	7 <input type="checkbox"/> Salad <input type="checkbox"/> Battered Fish <input type="checkbox"/> Cold Salad Plate
10 <input type="checkbox"/> Soup <input type="checkbox"/> Hot Hamburger <input type="checkbox"/> Western Omelet	11	12 <input type="checkbox"/> Soup <input type="checkbox"/> Shepherds Pie <input type="checkbox"/> Wieners and Beans	13	14 <input type="checkbox"/> Salad <input type="checkbox"/> Pan Fried Fish <input type="checkbox"/> Ham Steak
17 <input type="checkbox"/> Soup <input type="checkbox"/> BBQ Chicken <input type="checkbox"/> Spaghetti & Meatballs	18	19 <input type="checkbox"/> Soup <input type="checkbox"/> BBQ Pork Chop <input type="checkbox"/> Chicken Salad Sandwich	20	21 <input type="checkbox"/> Salad <input type="checkbox"/> Breaded Sole <input type="checkbox"/> Breaded Chicken Breast
24 <input type="checkbox"/> Soup <input type="checkbox"/> Roast Beef <input type="checkbox"/> Mac n Cheese	25	26 <input type="checkbox"/> Soup <input type="checkbox"/> Cold Salad Plate <input type="checkbox"/> Meat Loaf	27	28 <input type="checkbox"/> Salad <input type="checkbox"/> Salmon Patties <input type="checkbox"/> Honey Garlic Meatballs
31 <input type="checkbox"/> Soup <input type="checkbox"/> BBQ Riblets <input type="checkbox"/> Veal Cutlet <u>Frozen meal for next Monday's Civic holiday</u> Yes <input type="checkbox"/> No <input type="checkbox"/>				<div style="border: 1px solid red; padding: 5px; text-align: center;"> FEEL FREE TO MAKE COMMENTS OR SUGGESTIONS ON THE BACK OF MENU </div>

ALTERNATE MEALS CHOICES on request instead of listed items for that day....

1. Roast Beef Sandwich
2. Ham & Cheese Sandwich

All meals are served with Potato, Rice or Pasta, a Hot Vegetable, Soup, and Dessert
 Gravy, Sauces, Salads & condiments will accompany meals on the side when Appropriate.

Instruction!

- Print Name
- Select meal of choice
- Return one copy to driver & retain other for yourself