

SEPTEMBER 2018

NAME: _____

(Nap. Amherstview. Des.) Mon	Tue	(Nap. Des.) Wed	Thu	(Nap. Amherstview. Des.) Fri
3 Labor Day SOS CLOSED	4	5 <input type="checkbox"/> Soup <input type="checkbox"/> Veal Cutlet <input type="checkbox"/> Roast Chicken	6	7 <input type="checkbox"/> Soup <input type="checkbox"/> Pan Fried Fish <input type="checkbox"/> Shepherds Pie
10 <input type="checkbox"/> Soup <input type="checkbox"/> Baked Ham <input type="checkbox"/> Chicken Parmesan	11	12 <input type="checkbox"/> Soup <input type="checkbox"/> Grilled Sausage <input type="checkbox"/> Mac 'n' Cheese	13	14 <input type="checkbox"/> Soup <input type="checkbox"/> Battered Haddock <input type="checkbox"/> Honey Garlic Meatballs
17 <input type="checkbox"/> Soup <input type="checkbox"/> Cheese Pizza <input type="checkbox"/> BBQ Riblets	18	19 <input type="checkbox"/> Soup <input type="checkbox"/> Breaded Chicken <input type="checkbox"/> Roast Beef	20	21 <input type="checkbox"/> Soup <input type="checkbox"/> Salmon Casserole <input type="checkbox"/> Meat Loaf
24 <input type="checkbox"/> Soup <input type="checkbox"/> Wieners & Beans <input type="checkbox"/> Mushroom Chicken	25	26 <input type="checkbox"/> Soup <input type="checkbox"/> Pork Chops <input type="checkbox"/> Hamburger Helper	27	28 <input type="checkbox"/> Soup <input type="checkbox"/> Breaded Sole <input type="checkbox"/> Lasagna

ALTERNATE MEALS

CHOICES on request
instead of listed items for
that day....

1. **Meat Pie**
2. **Cheese Omelet**

All meals are served with
Potato, Rice or Pasta, a Hot
Vegetable, Soup, and Dessert

Instructions!

- **Print Name**
- **Select meal of choice**
- **Return one copy to driver
& retain other for yourself**

**FEEL FREE TO MAKE
COMMENTS OR
SUGGESTIONS
ON THE BACK OF MENU**